



New  
Directions  
Bulletin

Issue 1  
May 2015



This is the Easy to Read Version of the 'New Directions Bulletin' a newsletter that will be sent out 4 times every year.



This newsletter was put together by a group called the **New Directions National Implementation Group**. There is more information about this group at the end of the newsletter.

We want to tell you about the work being done on 'New Directions'. This is the name for Adult Day Services.

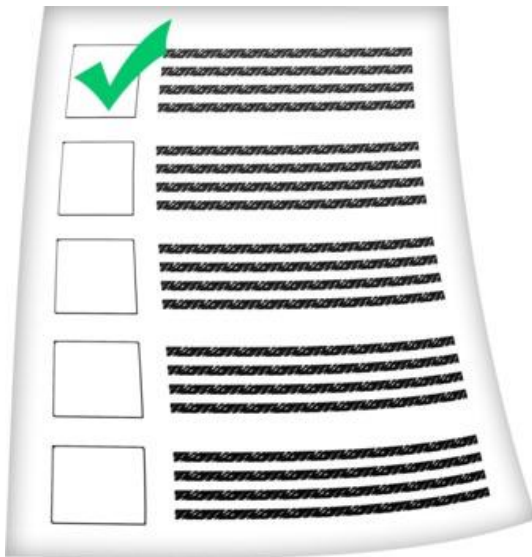
### **Standards**

In 2014, we asked people what they thought of the 'Standards'. Standards are about making services better.

More than 400 people wrote to us. Almost 250 of those people use day services. The other people who wrote to us were family members or people who work in the services.

All of the information was put together into reports and these reports are available on the HSE website [www.hse.ie/newdirections](http://www.hse.ie/newdirections).





## How are Services Doing?

We want to see how services are doing and if they are doing what New Directions asks them to do.

We asked services to tell us what they are doing about New Directions.

All services have been asked to send us in the results by May 20<sup>th</sup>.

When we have the reports we will know where things are going well and where there is more information or training needed.



## What else is the group working on?

We have been working on ways to guide and support services in making sure their services are following 'New Directions'.



We are developing information on

- What is person centred planning?
- What is the community?
- What is a hub?
- What is positive risk taking?



**Here are some real stories about New Directions.**

### **Blakestown Hub – Dublin 15**

Last Year the Daughters of Charity built a new day service hub in Dublin 15.

This was to make sure that people had a service that was in the community and wheelchair accessible.

What people have learned that it is important to:

- Plan, take small steps and find out the cost of things.
- Focus less on safety and more on risk.
- Link with the community and residents.



### **Tom's Story and the Hub**

Tom is a young man with severe intellectual disability and autism.

Tom communicates through gestures, mood and behaviour rather than talking.

Tom lives on his own in a house in the community. This is Tom's choice.

The staff and Tom decided to use the hub.

Going to the hub has seen Tom's life improve.





## Tom's Story continued

Tom's day service is closer to where he lives – he is happy about that.

Tom is now more of a part of his community and has social roles such as volunteering.

Tom's is more involved in activities in the community.

## Who are the New Directions National Implementation Group

The names of the group members are

Anne Melly, Arlette Howell & Martina Lanigan from the HSE.

Fidelma Murphy & Laura Keane from the Not For Profit Business Association.

TJ Duggan & Pat Reen from National Federation of Voluntary Bodies.

Alison Ryan from Disability Federation of Ireland.

Rachael O'Donoghue, Department of Health.

Donie O'Shea from National Disability Authority.

Eamonn Tierney Parent Rep from Inclusion Ireland.

**If you want to find out more information**

contact [newdirections@hse.ie](mailto:newdirections@hse.ie)



This Newsletter was developed by Inclusion Ireland using European Accessibility Guidelines. The Newsletter has been proofread by people with intellectual disabilities